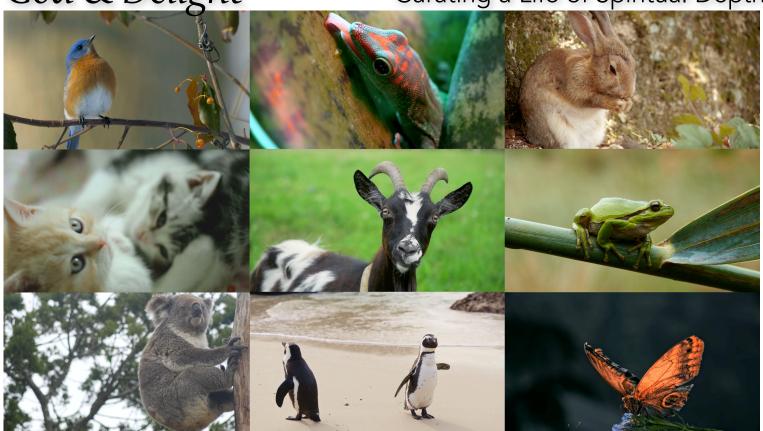
God & Delight Curating a Life of Spiritual Depth



Purveyors of Awe

Quiet Meditations

March 30, 2025

# Quote from a Researcher:

"Our tears register our awareness of vast things that unite us with others. Our goose bumps accompany notions of joining with others and facing mysteries and unknowns together. Today we may sense these laws of bodily awe when moved by a favorite musical group, or in calling out in protest with others in the streets, or in bowing our heads together in contemplation. And in such rushes of tears and chills... we may glean a sense of what our souls might be." - Dacher Keltner, Awe: The New Science of Everyday Wonder and How It Can Transform Your Life

# Quote from a Mystic:

"We are slowed down sound and light waves, a walking bundle of frequencies tuned into the cosmos. We are souls dressed up in sacred biochemical garments and our bodies are the instruments through which our souls play their music." - Albert Einstein

# **Synopsis**

We humans love repetition... up to a point. But sometimes we just need a good "Wow!" and some goosebumps to help us feel fully alive. Our physical response to awe-filled moments come from a very ancient part of our evolution-even before language. And those goosebumps? They helped us forge connections with others as we faced the vast mysteries of life together. Delight still plays an important role in our spiritual needs and in our sense of a deeply relational life.



**Enter to Worship - Depart To Serve** 

\*Gathering Hymn "This Is My Father's World" Hymnal #370

Welcome, Quiet Mediation (spoken and experienced), Centering Breath, Sanctus Bell

**Opening Chant (#471)** You are my God so full of awe,

Your wonders we proclaim.

You are our Rock, our Strength, our Shield,

From age to age the same.
You forgive us all our sins.
You transform us with your love.
With joyful, grateful hearts we sing,
You are my God so full of awe.

**Contemporary Texts:** An excerpt from Dacher Keltner's "Awe: The New Science of Everyday Wonder

and How It Can Transform Your Life"

Peter Donovan

Ancient Texts: Excerpt from Psalm 36 Peter Donovan

**Prayer of Humility** "For All the Times"

For all the times we have neglected you For all the times we've strayed away from you

O Lord, O Savior, please forgive Please pursue us all the more For all the times we've failed to make for you

A welcome place inside our hearts To welcome you into our hearts.

Please be patient with us In your name we pray
Please be patient....with us In your name ... we pray

(Continue by offering your silent confession)

**Prayer of Humility Response** In your name we pray. In your name ... we pray.

Assurance of God's Love

L. Friends: Believe the Good News of the Gospel

P: In Jesus Christ we are forgiven!

\*Congregational Response (#606)

Doxology

Praise God from whom all blessings flow; Praise him all creatures here below; Praise him above ye heavenly host; Praise Father, Son and Holy Ghost

Children's Sermon Robin & Mark Fleming

Anthem "The Story I'll Tell" ~ Eugene, Coward, Raine
Rachel Neelley, vocal solo

Sermon "Delight" Rev. A. David Paul

**Musical Meditation** 



## The Sacrament of The Lord's Supper

Invitation to the Lord's Table

**Great Prayer of Thanksgiving** 

L: The Lord be with you.

P: And also with you.

L: Lift up your hearts.

P: We lift them up to the Lord our God.

L: Let us give thanks to the Lord our God.

P: It is right to give thanks and praise.

Prayer

Communion Song: Heal us, Lord. Heal us, Lord.

On this thirsty ground, may your love flow down.

Come and heal our hearts, O Lord.

Sharing of the Bread and Cup Prayer after Communion

#### \*Presentation of Gifts

## **Announcements, Minutes for Mission, Concerns and Celebrations**

\*Hymn "Shout To The Lord"

\*Blessing and Benediction

\*Response God be with you, God be with you,

God be with you 'til we meet again.

\*Postlude

## **Serving This Week and Next Week**

Greeters this week: Jane Lavender & Judy Kercovich

❖ Greeters next week: John & Shelly Free

#### **Coffee Hour**

Please join us after the service for coffee and fellowship.

This Week: Nancy MarcheseNext Week: Denee Stevenson

## **Prayer Ministers**

Every Sunday after worship service, prayer ministers are available at the back of the sanctuary to offer confidential prayers.

Today's Prayer Minister: Rosemary Shirley

<sup>\*</sup> Additional pages with Announcements and other information available upon request. Please see your greeters.

## Theme Delight



# Calvin 2Gether:

- 1. **FIND**: someone you don't know as well as others and introduce yourself, or discuss with your family around the dinner table.
- 2. DISCUSS: Who taught you to delight in the world? What are your earliest memories of "drinking from streams of delight?" How could you pre-design contexts for the "unspooling" of your life experiences now?
- 3. **PRAYER COVENANT:** to pray for each other daily, by name until you meet again (the prayer to the right is offered as a suggestion).

#### Prayer of St. Francis of Assisi

"Lord, make \_\_\_\_\_\_ and me instruments of your peace. Where there is hatred, let us show love: where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O divine master let us not so much seek to be consoled as to console, understood as to understand, to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; it is in dying that we are born to eternal life. Amen"

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# Prayer Concerns

Please offer God prayers for the different ministries & activities of Calvin Church

#### **Especially pray for**

- \* Session, Worship & Arts and Youth Formation Ministry Teams
- \* Caroline Baker, who graduated from seminary and is discerning next steps

#### **Prayers for the World**

- \* For Calvin Church's partnership with Oti Presbytery Ghana
- \* For first responders and front line medical workers
- \* Our congressmen, senators, governor and president
- \* Josh Heikkila, our missionary in Ghana
- \* For people across the world who are victims of terrorism
- \* For Syria refugees and for the Syrian conflict
- \* The people of Pine Ridge Reservation in South Dakota, and their liaison, Ron Cotner
- \* Ukraine, Palestine and Israel during this time of war
- st All those affected in the south by Hurricanes Helene and Milton
- \* All those affected by the wildfires in California

#### Please pray for these members of Calvin Church

- ~ Patsy Davis, whose husband recently passed away
- ~ Bob Van Ingen, continued prayers
- ~ Vickie and Tom Baker, continued prayers
- ~ Ken Weaver, for continued healing
- ~ Wayne Brinda, for continued healing

If you would like to include someone in these weekly prayers, please contact the church office at 724-452-7560, <a href="mailto:office.admin@calvinchurchzelie.org">office.admin@calvinchurchzelie.org</a> or place a note in the offering plate.